

NEWSLETTER DECEMBER 2023



WORK HARD, DREAM BIG ,NEVER GIVE UP .

FEELING DIFFERENT SURFACES



LITTLE CHEFS MAKING SALAD IN HEALTHY DIET DAY ACTIVITY

**“Your diet is a bank account.
Good food choices are like good investments”**



ROLE PLAY- COMMUNITY HELPERS



CHEF



TEACHER



VEGETABLE
VENDOR



POLICE MAN



POLICE MAN



FRUIT
VENDOR

CHRISTMAS CELEBRATIONS



CHRISTMAS CELEBRATIONS



PhotoCirc

CHRISTMAS CELEBRATIONS



CHRISTMAS CELEBRATIONS



CHRISTMAS CELEBRATIONS



**Christmas is the spirit of giving
without a thought of getting**



The best way to spread Christmas cheer is, singing loud for all to hear







PARENTING TIPS

Your children
need your presence
more than your
presents.

Jesse Jackson



HealthyPlace.com